



Newcastle Ramblers Bushwalking Club Inc

PO Box 719 Charlestown NSW 2290 <http://www.bushwalking.org.au/newcastleramblers>

ACTIVITIES: One & two day walks, extended walks, social walks, camping, liloing, canoeing, mountain biking.

MEETINGS: First & third Monday of the month at 7:30pm, at Charlestown Uniting Church, Milson Street, Charlestown.

Legend: D/W: Day walk; T/W: Twilight walk; W/E Weekend

October to January Programme

16 Oct	Meeting: Hinchinbrook Island Revisited + Training Talk: Cycle Safety Advise if attending Regal Theatre 30 Oct Optional: Dinner prior to meeting at Central Charlestown Leagues Club 6.00pm
21-22 Oct	Gourmet Backpack G2/16km/100m A black tie occasion, outstanding dress, and superb campfire cuisine mandatory at the junction of Willemi and Putty Creeks. Track access. Map: Wirraba
22 Oct	Daywalk: Redhead to Nobby's G3/12km/50m Walk at low tide from Redhead Beach to Nobby's – some rock hopping and beach walking, great views etc
23-27 Oct	Mid-Week Backpack: Hume and Hovell Track 3 day walks with car camps. Locations to be confirmed
28 Oct (Sat)	Daywalk: Mt Wareng (Little Yengo) G2/10km/390m From Putty Road follow a fire trail to base of mountain to climb steeply to trig. Possible overnight camp. Map: Howes Valley
29 Oct	Canoe Training Day: Sydney International Regatta Centre, Penrith Lakes 4½ hours basic instruction with a qualified instructor, covering flat and white water techniques and safety issues. Instruction cost \$20 each for 12 students.
30 Oct (Mon)	Theatre night: The Regal Cinema Celebrate the history of this wonderful film theatre on the second last evening. Meet for happy hour before the double screening of 'The World's Fastest Indian' and 'Men Went to War' 7.00pm. Free theatre drinks at Bob and Fiona's home nearby
1 Nov (Wed)	Twilight Walk: Fassifern Ridge G2/5km/80m Walk some of the fire trails along ridge, some views Mt Wallangra
3-5 Nov	Car Camp at Dunn's Swamp & Rylstone Street Feast Saturday Market day/Street Feast in Rylstone. Coffee/meal/peruse the shops and stalls. Great day in a little country town or stay in camp. Walk, canoe, swim or laze. Canoe hire available. NP fees apply. Bring firewood.
5 Nov	Daywalk: Pindar Cave G3/12km/150m Beautiful walk from Wondabyne train station past sandstone sculptures, ridges with views over the Hawkesbury River, and waterfalls. Maps Gosford and Gunderram
6 November	Meeting: Walking in South America + Training Talk: Choosing a Day Pack Photographic Competition entries due Final date for orders for Club Calendar
11 Nov (Sat)	Bike Ride: Budgewoi G2/20km/0m Scenic lakeside ride along cycleway, back roads and some traffic. Map: Catherine Hill Bay
12 Nov	Weekend: Canoeing Williams River Grading to be decided depending on group size and skills level.
12 Nov	Daywalk: Sculptures by the Sea G1/10km/50m Beaut day by train or car to the annual 'Sculptures by the Sea' near Bondi Beach.
15 Nov (Wed)	Twilight Walk: Bar Beach G1/2km/0m Beach walk and nibbles if you are inclined.
18 Nov (Sat)	Progressive Picnic: Bolton Point to Blackalls Park
19 Nov	Great North Walk: Watagan Forest/Congewai Valley
19 Nov	Rope Day and Stage 1 Abseil Training for Beginners
20 November	Meeting: Photographic Competition + Training Talk: Your First Aid Kit Optional: Dinner prior to meeting at Central Charlestown Leagues Club 6.00pm
22 Nov (Wed)	Twilight Walk: Munmorah S R A Evening stroll to Frazer Park Beach for tea and return later in evening. Map: Swansea
25-26 Nov	Easy Backpack at Mangrove Creek G2/20km/140m Suitable for beginners. Walk 2km along convict road to Ten Mile Hollow Creek junction to camp, day walks and swimming. Map: Mangrove
26 Nov	Daywalk: Bike Ride Elizabeth Bay, Munmorah SRA
29 Nov (Wed)	Twilight Walk: Dudley Beach G1/2km/0m Beach walk and nibbles – fishing if you are inclined
2-3 Dec	Car Camp: Woko National Park Liloing, easy walks and swimming. Map: Tibbuc
4 December	Meeting: Members Photos + Training Talk: Footwear and Lower Leg Protection
7 Dec	Twilight Walk: Bar Beach to Glenrock G2/5km/50m Walk from Bar Beach to Glenrock Beach and return to the Beach Hotel at Merewether for dinner.

9-14 Dec	Bag the 7 Highest Peaks in Australia A three day backpack and other day walks in the Snowy Mountains
10 Dec	Daywalk: Pearl Beach and Patonga G3/12km/150m Visit this beautiful location for a walk across the headland and a swim. Map: Gosford
13 Dec (Wed)	Twilight Walk: Wangi around the Waterfront G2/5km/20m Walk along the shore cycleway, picnic tea by the lake. Map: Swansea
15 Dec	Christmas Party G1/0km/0m BBQ available, chairs, covered verandah. BYO food and drink
17 Dec	Early morning walk: Caves Beach to Catherine Hill Bay Swimming and snorkeling in the rock pools at Catherine Hill Bay, lunch at 'Catho' Pub. Map: Catherine Hill Bay
18 December Meeting: Christmas Supper and Frivolity – Bring a Plate Optional: Dinner prior to meeting at Central Charlestown Leagues Club 6.00pm	
20 Dec (Wed)	Twilight Walk: Christmas Lights G2/5km/20m Evening walk to enjoy the lights and share the Christmas spirit. Dinner beforehand.
30 Dec-1 Jan	New Year Car Camp: Polblue at Barrington Tops Ramblers Annual New Year Camp. Walking, swimming, fishing. Feel free to arrive and leave any time.
7 Jan	Abseil an Easy Canyon: Gap Creek Stage 1 Accreditation is required. Details to be provided
7 Jan	Early Morning Walk: Munibung Hill G3/4km/121m Commence at Warners Bay and climb hill for views, return via Speers Point for brunch.
13-14 Jan	Weekend: Wollangambe Lilo & Car Camp G4/7km/350m Swimming capability and wet suit required, steep walk in and out. Long day. Limited numbers. There will be day walks as an alternative. Maps: Wollangambe and Mt Wilson
15 January Meeting: Walks Planning + Training Talk: Participating in a Club Activity Optional: Dinner prior to meeting at Central Charlestown Leagues Club 6.00pm	
20-21 Jan	Weekend: Colo River Summer Romp G4/10km/350m Fri night walk to camp site, morning tea on Alidade Hill before dressing to the water at Canoe Creek. Leisurely swimming and easy walks. Map: Colo Heights
21 Jan	Early Morning Walk: Green Point G2/5km/10m Start at Valentine and walk along the lakeshore to Green Point for breakfast.
23 Jan (Tues)	Twilight Walk: Centennial Park Rotunda (Cooks Hill, Unity beaches) Swim and dinner at nice spot afterwoods
30 Jan–1 Feb	Mid Week Backpack: Link Trail Gloucester Tops to Barrington Tops G3/40km/100m Walk from Munroe Hut via the link trail to Wollongambe Creek and Cullen Peak, and return through magnificent Antarctic Beech forests and alpine vegetation Maps: Gloucester Tops and Barrington Tops
31 Jan (Wed)	Twilight Walk: Historic Mayfield G1/7km/10m Explore the "Toorak of Newcastle". Dinner afterwards
3-4 Feb	Car Camp: Newnes Forest Canyons Beautiful walk through canyons. No abseils. Some rope assist. Steep track in and out. Maps: Ben Bullen, Cullen Bullen
4-11, -18 Feb	Perisher Valley Ski Lodge Easy and medium/hard walks. Meet at 8.00am early.
5 February Meeting: Beginners Training Night: Club Procedures, Selection of a Pack for Backpacking, How to Pack Light Weight for Five Days, Sleeping Bags and their Care	

COMING EVENTS

24/25 Feb	Car Camp: Wollangambe River NP – Canoeing/Walking
March	'The Good Old Days' - 45 years old; an evening of history, stories, and old photographs
16-18 Mar	Blue Mountains Folk, Rock and Blues Music Festival (www.bmf.org.au) Book accommodation NOW
Mar/Apr	Car Camp: Mt Kooragang and Barraba
Easter	Car Camp: Big Yung
June	Queen's Birthday Long Weekend - Bundanoon YHA
June	Birdsville and Uluru Alice, the Great Central Road to Warburton then up to Port Hedland. Down the coast to Albany thence back across the Nullarbor

BOOKINGS

Bookings are required for all activities unless otherwise specified. Meeting place and times are decided at the meeting before each trip. People leading trips for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader. Obtain the leader's permission before booking any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the trip. All participants are required to sign an Assumption of Risk (waiver) form.. Visitors who attend more than 3 activities are expected to become members.

WALKS GRADING

The grade of the walk is represented by three numbers: the terrain, the distance, and the altitude gain. It appears, for example, as G3/12km/200m.
The type of terrain is represented by a Grade Number.

- Grade 1 (G1)** – On tracks or roads, mostly flat
- Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain
- Grade 3 (G3)** – Mostly on tracks, some hilly sections/rougher terrain
- Grade 4 (G4)** – Steeper, rougher terrain, may be off track
- Grade 5 (G5)** – Mostly off track, difficult terrain
- Grade 6 (G6)** – Strenuous off track walks

THE DISTANCE is the number of kilometres to be covered.
THE ALTITUDE GAIN is the total of all the separate climbs in the walk.
Grading is subjective and cannot take into account all possible factors, so if you are uncertain about the grade, the experience and fitness required or the terrain, ask the leader for advice.