



Newcastle Ramblers Bushwalking Club Inc

PO Box 719 Charlestown NSW 2290 <http://bushwalking.org.au/newcastleramblers>

ACTIVITIES: One & two day walks, extended walks, social walks, camping, liloing, kayaking, mountain biking, abseiling.

MEETINGS: First & third Monday of the month at 7:30pm, at Charlestown Uniting Church, Milson Street, Charlestown.

Legend: D/W: Day walk; T/W: Twilight walk; W/E Weekend

June to October Walks Programme

5 June	Meeting: Touring the South Coast of NSW + Training Talk: Stoves
11 Jun	D/W: Birdie Beach to Fraser Beach, Munmorah SRA - G3/12km/100m Pleasant walk along the coastline, take in the palm forests etc. Map: Catherine Hill Bay
10-12 Jun	Long W/E: Gerringong YHA - Various Grades Day walks in the surrounding area.
18 Jun	D/W: Boarding House Dam - G3/10km/50m Circular walk in the Watagans in this beautiful location. Map: Morisset
17-18 Jun	W/E: 4WD Car Camp - Sheepskin Hut - G4/6km/250m Car camp in Wollemi National Park at an historical cattlemen's hut with day walks to Raspberry Creek and the top end of Doyles Creek. Map: Monundilla
19 June	Meeting: Kokoda Trail + Training Talk: Camp Fire Safety
25 Jun	Abseiling Training and Rope Day Stage 1 Instruction for beginners and those seeking field trip accreditation - location to be announced.
25 Jun	D/W: Point Wolstoncroft G2/5km/50m Walk around the foreshore through a variety of vegetation with views of Pulbarra Island. Map: Swansea
1 Jul (Sat)	D/W: Staggers Creek - G5/14km/320m 4WD tracks and off track walking through rainforest, creek cascades, waterfalls, rock pools, and return to ridge and Ken's Trail. Map: Markwell
1-2 Jul	W/E: Confederation Nav Shield Rogaine organised by Conf. of Bushwalking Clubs some-where within 2 hrs SW of Sydney. 1+2 day teams. Entry fee about \$25. Last year was great success.
1-2 Jul	W/E: Wrights Creek Backpack - G3/25km/ Pack walking in the sandstone country near St Albans, some off track with the night in a beaut cave. Suitable for beginners. Maps: Mangrove and St Albans
3 July	Meeting: Members Slides and Photographs + Training Talk: NavShield Report Money due for 21 July Theatre Party
4 Jul (Tue)	Mid Week D/W: Rocky Creek - Carrington Guest House - G3/10km/downhill Beautiful rainforest walk along the water. Map: Chichester
5 & 12 Jul	Winter Rowing (Brrr..) Come and try it!! Courtesy Newcastle Rowing Club at Carrington Beach on Wednesdays 5, 12 July 9-11 am - ability to swim 50m with clothes, \$10 - Part of Festival of Sport
8 Jul (Sat)	D/W: Rose Bay to Watsons Bay G2/12km/50m Delightful walk along the harbour waterfront through Nielson Park and past historic sites (Vaucluse House). Return by ferry and train
9 Jul	Abseiling Training and Rope Day Stage 2 Instruction for beginners and those seeking field trip accreditation - location to be announced.
9 Jul	D/W: Congewai Valley - G3/14km/600m Beyond Caban's Road to interesting rock formations. Maps: Morisset and Quorrobolong
15-16 July	W/E: Mt Pomany Backpack - G5/12km/900m Friday night start and camp in Widden Valley, hard climb to the camp on the summit, could be cold, even snow. Limited numbers. Map: Mt Pomany
17 Jul	Meeting: The Cairngorms and the Eden Valley + Training Talk: Wet Weather Gear
21 Jul (Wed)	Theatre Party: 'It Was a Dark and Stormy Night' Club 71 Hamilton. Three course meal for \$35 with drinks. Money to Sandra by 3 July 2006
23 July	Abseiling Training and Rope Day Stage 3 Instruction for beginners and those seeking field trip accreditation - location to be announced
23 July	D/W: One Mile Beach to Fingal Bay - G4/12km/100m Great coastal walk which includes wildflowers, sand, some rock scrambling, car shuffle. Maps: Morna Point, Port Stephens
29 July (Sat)	D/W: Bike ride - Ellalong Lagoon to Congewai Valley - G2/30km Pleasant country ride with no big hills and little traffic - some tar and some gravel surfaces. Map: Quorrobolong or road map
30 July	D/W: Mungo Brush - G3/20km/20m Beautiful flat walk along the Myall River, passing through a variety of coastal vegetation and plenty of bird life.
29 - 30 July	W/E: Car Camp and Rope Days - Mogo Creek G3/10km/200m Car camp on private property with day walks or abseiling for members with Beginners Accreditation or above. Location in the Boree Track area of Yengo National Park.
6 Aug	D/W: Mogo Creek - G3/10km/200m

Discover cave art, convict quarries, convict built roads. A busy day up and down some steep hills with great views and a mystery. Map: Kulnurra

6 Aug	D/W: Great North Walk Heatons LO to Watagan Forestry Camp - G3/8km/250m Walk mainly on rough undulating tracks, side trip to Wallis Creek Maps: GNW Discovery Kit and Quorrobolong
7 August	Meeting: Club Auction - Bring your Best Stuff + Training Talk: Choosing a Day Pack and Contents
8-10 Aug	Mid Week Backpack - Bob Turner's Track - G3/14km/350m A moderate backpack into the Colo River via graded track, some exploration up and down stream. Maps: Mountain Lagoon and Colo Heights
12 Aug (Sat)	D/W: Alum Mountain - G2/7km/150m Explore tracks on the mountain and the historic alum quarry. Great views over Bulahdelah and surrounds. Map: Bulahdelah
12-13 Aug	WE: Car Camp at Mill Creek - G3/11km/100m Candle lit walk in the full moon along the Mill Creek walking track (no torches). Map: Gunderman
13-19 Aug	Extended Backpack to Koondah Tower - G5/50km/500m Circular exploratory walk in the Wollemi National Park. Maps: Wirraba, Coorongooba, Putty
20 Aug	D/W: One Mile Beach to Birubi Point - G4/9km/100m A mix of track and easy rock scrambling along spectacular rocky shoreline via Boat Harbour. Sea eagles and wild flowers. Map: Morna Point
21 August	Meeting: Members Slides and Photographs + Training Talk: Check Your Feet
24 Aug-10 Sep	Hinchinbrook Island and nearby National Parks - G4/30km/150m Fly to Cairns, take in Mission Beach and then a week on Hinchinbrook Island. Two days in Townsville, Maluma Range and Wallaman Falls National Parks then to Cairns. Trip to Island is fully booked, however members could meet up in other locations.
27 Aug	Bike Ride - Seaham Circuit - 25km - Medium Ride in the local area and return via the bird observatory.
26-27 Aug	WE: Car Camp at Mungo Brush - Easy Camp by Myall Lake close to the ocean beach with day walks, canoeing, fishing, bringing own fire wood and a National Park fee is applicable. Map: Myall Lakes Tourist Map
3 Sept	D/W: Awabakal Wildflowers - G3/10km/50m Walk the headlands of the Awabakal Nature Reserve when the wildflowers are at their best, and take in the views.
2-3 Sept	WE: Kalang Falls Canyon Trip, Kanangra Walls - G4/4 Canyon A long day with 9-10 abseils, mostly over 50m, no swimming, good weather required, limited numbers, steep climb out (G4/1km/600m) - field trip accreditation is required. Map: Kanangra
4 Sept	Meeting: Walk Planning + Training Talk: Tents and their Maintenance
9-10 Sept	WE: Backpack to Pantoney's Crown - G4/10km/50m Lots of pagodas in this special area. More details on location at the Crown to be advised. Map:
17 Sept	D/W: Great North Walk - Watagan Forestry Camp to Congewai Valley - G/18km/150m Walk on mainly fire trails with lunch at Barraba Trig. Map: GNW Discovery Kit and Quorrobolong
18 Sept	Meeting: Backpack Cooking Demonstration - Training Talk: Camp Hygiene Bookings due for 13 Oct Trip
24 Sept	Bike Ride in the local Newcastle area
30 Sept-2 Oct	Long WE: Car Camp at Warraba National Park (near Manila) Details to be provided.
1 Oct	D/W: Staples LO to Mt Wondabyne Trig - G3/10km/150m Wildflower walk in the Brisbane Water National Park. Great views. Map: Gosford
8 Oct	D/W: Watagan - G5/6km/250m Exploratory walk off George Road in the headwaters of Congewai Creek. New territory for the leader. Map: Quorrobolong
10 Oct	Mid Week D/W: Popran National Park - G3/12km/100m Check the wildflowers out and find the cave near Mt Olive - great area with great views. Map: Gunderman
13 Oct (Fri)	Theatre Party: It's My Party (And I'll Die if I Want To) Black comedy, Newcastle Repertory Theatre, Lambton. Cost \$11-\$19. Dinner before at Wests. Please book by 18 Sept.
15 Oct	Dragon Boat Regatta Team event on Newcastle Harbour. Some paddle positions still available.
16 Oct	Meeting + Training Talk: Cycle Safety
21-22 Oct	WE: Gourmet Backpack - G2/16km/100m This is a black tie occasion with outstanding dress and superb campfire cuisine mandatory. Camp location is the junction of Wollemi and Putty Creeks with access by mostly flat track walking. Map: Wirraba

COMING EVENTS

4-5 Nov	Rylstone Street Fest - \$60 - Car Camp at Dunn's Swamp
12 November	Sculptures by the Sea
18 November	Progressive Picnic on Newcastle Foreshore
20 November	Meeting - Club Photo Competition - Entries by meeting 6 November
9-14 Dec	Ten Highest Peaks in Australia, a three day back pack and other day walks
Jan	Perisher Valley lodge
16-18 Mar	Blue Mountains - Folk, Roots and Blues Music Festival (www.bmff.org.au) Book accommodation NOW
Mar/Apr	Car Camp - Mt Kaputar and Barraba
June W/E	Bundanoon YHA

Bookings are required for all activities unless otherwise specified. Always check with the leader and give reasonable notice to them if you wish to join an activity or find yourself unable to attend. Meeting place and times are decided at the meeting before each trip. People leading trips for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader. Obtain the leader's permission before bringing any other

person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the trip. All participants are required to sign an Assumption of Risk (waiver) form. Membership information is available on the club web site or from the Secretary. Visitors who attend more than 3 activities are expected to become members.

WALKS GRADING

The grade of the walk is represented by three numbers: the terrain, the distance, and the altitude gain. It appears, for example as G3/12km/200m. The type of **TERRAIN** is represented by a Grade Number.

- Grade 1 (G1) - On tracks or roads, mostly flat.
- Grade 2 (G2) - Mostly on tracks, low gradient, relatively flat terrain.
- Grade 3 (G3) - Mostly on tracks, some hilly sections/rougher terrain.
- Grade 4 (G4) - Steeper, rougher terrain - may be off track.
- Grade 5 (G5) - Mostly off track - difficult terrain
- Grade 6 (G6) - Strenuous off track walks

The **DISTANCE** is the number of kilometres to be covered.

The **ALTITUDE GAIN** is the total of all the separate climbs in the walk.

Grading is subjective and cannot take into account all possible factors. If you are uncertain about the grade, the experience and fitness required or the terrain, ask the leader for advice beforehand.

SAMPLE